



















# ALLERGEN CONTENT

														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
  BREAKFAST														
Ultimate Breakfast		✓ Gluten / Wheat in Bread		✓			✓ In Cheddar Cheese & Whirl Butter						✓ In Bread	
Sausage & Egg		✓ Gluten / Wheat in Bread		✓			✓ In Cheddar Cheese & Whirl Butter						✓ In Bread	
Bacon & Egg		✓ Gluten / Wheat in Bread		✓			✓ In Cheddar Cheese & Whirl Butter						✓ In Bread	
California Breakfast		✓ Gluten / Wheat in Meatballs & Bread		✓			✓ In Feta Cheese & Whirl Butter						✓ In Bread	
Eggs Royale		✓ Gluten / Wheat in Soy Sauce & Bread		✓	✓ Salmon		✓ In Whirl Butter						✓ In Bread	
Eggs Benedict		✓ Gluten / Wheat in Bread		✓			✓ In Whirl Butter						✓ In Bread	
Sausage Muffin		✓ Gluten / Wheat in Bread					✓ In Cheddar Cheese & Whirl Butter						✓ In Bread	
Bacon Muffin		✓ Gluten / Wheat in Bread					✓ In Cheddar Cheese & Whirl Butter						✓ In Bread	
Ultimate Breakfast Pot				✓			✓ In Cheddar Cheese							
Cheesy Beans Pot				✓			✓ In Cheddar Cheese							
California Breakfast Pot				✓			✓ In Feta Cheese		✓ In Fajita Seasoning					
Porridge with Honey & Banana		✓ Gluten / Wheat in Bread					✓							
Porridge with Apple, Honey & Cinnamon		✓ Gluten / Wheat in Bread					✓							

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<b>CATERING WICHES</b>														
Turkey Club (on white baguette)		✓ Gluten / Wheat in Bread		✓ In Mayo			✓ In Swiss Cheese						✓ In Bread	
Chicken (on white baguette)		✓ Gluten / Wheat in Bread		✓ In Mayo			✓ In Cheddar Cheese						✓ In Bread	
Buffalo Chicken (on white baguette)		✓ Gluten / Wheat in Bread		✓ In Ranch			✓ In Blue Cheese		✓ In Ranch				✓ In Bread/ May contain in Buffalo Sauce	
Ham (on white baguette)		✓ Gluten / Wheat in Bread		✓ In Mayo			✓ In Cheddar Cheese						✓ In Bread	
Italian (on white baguette)		✓ Gluten / Wheat in Bread		✓ In Ranch			✓ In Blue Cheese		✓ In Ranch					
Tuna (on white baguette)		✓ Gluten / Wheat in Bread		✓ In Mayo	✓ In Tuna		✓ In Cheddar Cheese						✓ In Bread	
Caprese (on white baguette)		✓ Gluten / Wheat in Bread					✓ In Mozzarella Cheese & Pesto						✓ In Bread	
Salt Beef (on white baguette)		✓ Gluten / Wheat in Bread & Thousand Island		✓ In Thousand Island			✓ In Swiss Cheese		✓ In Thousand Island				✓ In Bread & Thousand Island	
<b>CATERING SALADS</b>														
House Salad		✓ Gluten / Wheat in Croutons		✓ In Ranch			✓ In Ranch		✓ In Ranch				✓ In Bread	✓ in Balsamic Vinegar
Cobb Salad		✓ Gluten / Wheat in Bread		✓ In Ranch			✓ In Blue Cheese & Ranch		✓ In Ranch					✓ in Balsamic Vinegar
Chef Salad		✓ Gluten / Wheat in Bread		✓ In Ranch			✓ In Cheddar & Provolone Cheese		✓ In Ranch					✓ in Balsamic Vinegar
<b>CATERING SIDES</b>														
Veggie Assortment Tray				✓ In Ranch			✓ In Ranch		✓ In Ranch			✓ In Hummus		
Cheese and Fruit Tray														
<b>CATERING SWEETS</b>														
Dozen Cookies		✓					✓						✓	
Dozen Sweet Muffins		✓					✓						✓	





														
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Smoked Salmon					✓									
Breaded Shrimp	✓	✓	✓	✓	✓		✓	✓	✓				✓	✓
<b>CHEESES</b>														
Cheddar							✓							
Mexicana Chilli Cheddar							✓							
Mozzarella							✓							
Provolone							✓							
Swiss							✓							
American							✓							
Blue Cheese							✓							
<b>DRESSING, SAUCES &amp; MAYOS</b>														
Ranch				✓			✓		✓					
Spicy Ranch				✓			✓		✓					
Balsamic Vinaigrette		✓ In Barley												
1000 Island		✓ In Wheat		✓					✓				✓	
Extra Virgin Oil														
Red Wine Vinegar		✓ In Barley												
Honey Mustard				✓					✓					
Tartar Sauce				✓					✓					
Cajun Tartar				✓					✓					
Mayonnaise				✓										
Light Mayonnaise				✓			✓		✓					
Spicy Mayonnaise				✓			✓		✓					
BBQ SAUCE (Everyday Favourite)														
Franks Buffalo Sauce													✓ May Contain	



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